



for more information call
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BACK Delegate Feedback Lifeskills

What They Say

After each course or development event, the delegates are invited to provide feedback using an evaluation form.

The following comments have been taken from the evaluation forms:

"The course was highly enjoyable and all information was relevant and delivered well."

"I really enjoyed this week, learnt a lot more about myself and how I can improve."

"I have really got a lot out of the programme. It was not just classroom work but interactive and we got out and about."

"Right balance of learning and enjoyment. Very challenging, constantly being pushed to limits and sometimes out of comfort zone."

"The course was a very well structured week in which I have gained and developed a lot. This course will assist me when I return to the workplace."

"The subjects covered – negotiation, project management and emotional intelligence were informative and insightful."

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"I feel that Lifeskills 2 was an excellent course that helped me to develop in areas that I was previously uncomfortable with. It provided scenarios which required me to work outside of my comfort zone and I have benefited a great deal from this."

"I now realise my strengths and weaknesses and I have learned to accept them and develop myself to improve what I am not good at and continue to develop what I am good at. A worthwhile course."

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